

Housing for J-1 Exchange Visitors



As a J-1 visa sponsor, ***we do not offer housing arrangements for participants***. This means you are responsible for securing your own accommodations before or during your stay in the United States. We encourage you to research options early and consider factors such as safety, proximity to your host organization, and cost. Read on for some general resources and tips for finding housing!



What kinds of housing exist in the U.S?

Depending on the population density, [cost of living](#), and city planning of your host city, typical housing can look like an apartment, home, townhome, co-living space, or other arrangement. When you first arrive, secure temporary housing through a hotel or [airbnb](#) so that you have a place to stay while you search for more long-term accommodations.

How can you find housing?

- [theBlueGround.com](#) - Furnished apartments with flexible rental agreements
- [Vrbo.com](#) - Vacation rentals and homes with rooms for rent
- [Apartments.com](#)
- Housing Facebook groups in your area
- Ask colleagues at your host company for recommendations!

What precautions should you take ?

- Review your rights as a renter in your host city
- Never commit before seeing the rental, and request photos/videos of the housing if you are not able to tour it in person
- Inspect the space for issues immediately upon arrival
- Ensure you have a valid legal document with your landlord
- Only sublet if permitted by owner, with valid legal documentation

What do you need in order to rent?

1. Rental Application (provided by landlord/property manager)
2. At least 2 Forms of Legal Identification (ie. passport and driver's license)
3. Form DS-2019
4. Proof of Finances (ie. paycheck, bank statement, proof of loan or financial aid)
5. Background Check
6. Past Rental References (ie. listing past landlords and their contact information)

7. [You may need to complete a credit check to be approved for a rental](#)

